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High 7°C/Low 2°C Rain and snow 🕥 🕧

Winnipes metroSPORTS THE WEEKND What's behind this Starboy's mysterious front

Nashville Predators' Ryan Johansen (92) fires a shot on Winnipeg Jets goaltender Connor Hellebuyck.

TREVOR HAGAN/THE CANADIAN PRESS

Your essential daily news | monday, november 28, 2016

JETS EVADE PREDATORS

Hellebuyck stops the bleed with 42 saves metroSPORTS

Search still on for missing teacher

KEVIN DILK

Two groups of volunteers and family scour St. Boniface



Braeden Jones Metro | Winnipeg

By the time the second search party of the day was ready to set out to look for missing teacher Kevin Dilk, his family was overwhelmed by the community support.

On social media and, standing humbled before dozens of volunteers joining in their desperate search, the family was gracious and "so thankful."

Dilk has been missing since Nov. 23. On Sunday, more than 150 people gathered at 11 a.m. to search the area around the 50-year-old teacher's St. Boniface home, and a larger search group assembled at the Norwood Hotel at 1 p.m. to be led by the Bear Clan Patrol. Dilk's cousin, Susan Scott, greeted the searchers, many strangers and community members who knew him through his teaching post at Collège Béliveau, and shared the action plan for the search.

"We have a bunch of family here," Scott began. "We are not organized search people, we are just here like you, I think, most of you, just trying to figure out what we can do."

She asked the crowd to get into groups of 10 or so, stick together, and retrace steps from the earlier search.

Representatives from the Bear Clan Patrol, a group involved with many missing persons searches in Winnipeg and the surrounding

areas, shared some tips for Scott that she in turn passed along to the search party.

"As you're walking... watch for things like piled-up clothing, shoes... things that you might just walk by and think it's just sitting there," she said. "Anything out of the ordinary."

Another relative of Kevin, Ken Dilk, said he was frustrated with how fruitless the day of searching had been so far, as the morning turned up "nothing — no clues, nothing."

Lacking the answers he sought, he said the people helping look for Kevin was "comforting."

"Just to know there are so many

people that really care to help... it's wonderful," he said. "It's a tough time of year too, getting close to Christmas and everything, but it's wonderful to see the support of the community."

Dilk said he's holding onto hope "to get some answers," and that the community

of people helping look for Kevin helps him keep holding on.

"Right now we have no clue what happened... it would be nice to get some answers because some answers rather than no answers is a lot better," he said.



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Just to know

there are so many

people that really

care to help... it's

wonderful.

Ken Dilk

Alberta man dies following shooting



Braeden Jones Metro | Winnipeg

A 32-year-old Alberta man is dead after a weekend shooting in the east end of Osborne Village.

A black SUV and a dark coloured car reported to have an Alberta licence plate sat at the corner of Donald Street and Stradbrook Avenue for much of Saturday, after police responded to gunshots at that location around 3 a.m.

Two men were taken from the scene to the hospital with what appeared to be gunshot wounds.

On Sunday, police released a prepared statement explaining one of the men. Theodoros Belayneh, 32, from Edmonton, Alta., had died, while the other victim is now in stable condition.

In 2014, Belayneh, along with two others, was arrested and charged with numerous weapon related offenses after a traffic stop where police discovered two loaded .45 calibre handguns, including one that was stolen from Saskatchewan.

Police spokesman Const. Rob Carver said there were people around at the time of Saturday's shooting.

"We have interviewed a significant number of witnesses, Carver said. "The investigation is ongoing and we have not made any arrests at this point."

Anyone with information can call police at 204-986-6508 or Crime Stoppers at 204-786-TIPS (8477).



Manitoba Premier Brian Pallister speaks to media before the provincial throne speech at the Manitoba Legislature in May 2016. Pallister said he intends to bring in legislation next year to place controls on publicsector wage growth. Pallister says he will not release any further details until he consults with labour leaders. JOHN WOODS/THE

'Expect confrontation'

LABOUR

Professor forecasts clash over public sector wages

Manitoba Premier Brian Pallister has been walking a fine line in the last week - saving he intends to bring in legislation next spring to control public-sector wage growth, while also refusing to release any details until he

consults labour leaders.

One labour expert says there is a reason for the coy messaging. It probably has to do with ensuring any crackdown on wages perhaps a wage freeze — can survive a court challenge.

"Probably what lawyers have told him ... is that if they were just to simply impose legislation, there's a very good chance that the court would strike it down," said David Camfield, associate professor of labour studies at the University of Manitoba.

"But if they go through some

If they do some kind of significant consultation prior to legislation, that would change the way the courts view the legislation. David Camfield

kind of consultation, don't get the results they like and then pass legislation, they'll be more likely to be able to survive."

Pallister's throne speech last Monday talked about legislation to control spending. When pressed, he said wages make up three-quarters of the provincial

budget and talked of seeking a "pause" on wage increases.

The comments have left labour leaders confused.

"I've got more questions now than I did before," said Michelle Gawronsky, president of the Manitoba Government and General Employees' Union. "I met

with the premier a couple of weeks ago and he assured me at that time that he had no interest or intent in ever interfering."

The government's upcoming bill could do more than freeze wages, Camfield suggested.

"If they do some kind of significant consultation prior to legislation, that would change the way the courts view the legislation, in my opinion," he said.

"We should expect confrontation between this government and unions, particularly publicsector unions." THE CANADIAN PRESS

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Your essential daily news

Trudeau pushed to admit Castro was actually a dictator. World

YouTuber strikes a chord

MUSIC

Steve Onotera among Canada's next class of streaming stars



Jessica Botelho-Urbanski For Metro | Winnipeg

At age 29, Winnipeg musician Steve Onotera is already living his dream, making money through a series of streams, including teaching guitar lessons online and making viral YouTube videos.

The streaming giant took notice of his channel, Samuraiguitarist, and invited him and 14 others they deemed "Canada's Next YouTube Stars" to a weeklong skill-building session in Toronto starting Monday.

Ahead of the trip, Onotera spoke to Metro about his YouTube success and how he keeps the creativity flowing.

You're the only guy from the Prairies who's representing next week — no pressure, right?

No pressure. There's not a lot of people who are pursuing YouTube in the Prairies. I think I'm probably one of the only ones in Winnipeg. I've looked through it to see if there are other people I can collaborate with or whatever, and it's slim pickings.

What do you expect the camp will be like? What are you hoping to learn? It's a weeklong thing and it's a fairly

intensive thing. They have (workshops) going on all day and then into the evening there's networking times. It'll be fun. I'm excited to do it. I think the majority of people who are invited to attend have a fair bit of experience on YouTube, so it's more about kind of the advanced techniques to really just hone our skills.

And then the bigger thing I think is it's also a networking opportunity.... Being in a room with 15 other people who have channels that are a similar size or in a similar place, that's a really valuable thing, because I think you pick up a ton of what worked for them and you share these ideas.

Are you looking at this experience as a way to grow your YouTube audience, outside of the subscribers you've already acquired?

I don't think I'm going to walk away with my subscriber base growing bigger than it kind of grows on a regular basis. I kind of think it's the opposite. Maybe at first you hit that wall when family and friends (watch) ... but to me that's a tiny, tiny percentage of my audience. As it grows, it kind of grows exponentially — the snowball rolls.

For whatever reason, October was a crazy month for me. I grew my channel (subscriber base) by almost three times in just that month. The time that it took me to get 30,000 subscribers was about two years and in that one month, it went from 30,000 to about 80,000. The YouTube algorithm — the software that decides what videos they're showing to people — was just, for whatever rea-

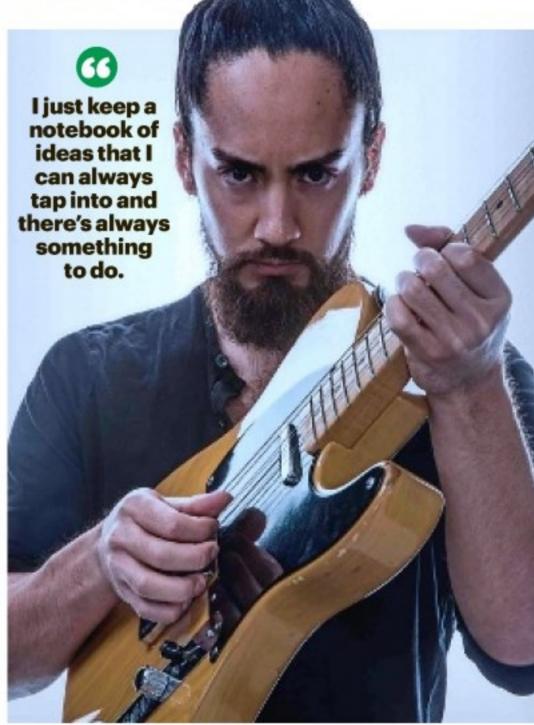
son, giving me a lot of love.

Do you ever feel tapped out creatively or can you just turn on You-Tube, find people who are doing what you're doing and get re-inspired?

It only happened once. For the most part, I have so many ideas. I just keep a notebook of ideas that I can always tap into and there's always something to do. I kind of have four different types of videos I do now, which means that there's a lot there to choose from. I do the weird music videos and there's a whole wealth of things to do there. And then I do the vlogs where I just kind of talk to a camera about music-related things. I do the instructional series and then I do kind of funny little sketches. So between those four things, there's a lot I can do.

There was one time where I was sitting there and had just finished a video and I was like, "I don't really know what I want to do next." It was just a scary feeling. Has the well run dry? Am I never going to be able to come up with anything again? Panic mode set in and I was just like, "Okay, Steve. Calm down. We're going to go online and we're going to find some inspiration."

And so I just started browsing wherever and I was seeing a lot of stuff about Donald Trump, naturally. So it just came to me: Why don't I cover Pink Floyd's The Wall using Donald Trump sound bites? So that was the only time (a creative block) happened and I was able to get out of it fairly quickly.



Winnipeg's Steve Onotera has about 80,000 subscribers to his YouTube channel Samuraiguitarist. MIKE LATSCHISLAW/CONTRIBUTED



Libraries boast big plans \$206K owed

PROVINCIAL REVIEW

Interactive technology centre is one project on tap



Jessica Botelho-Urbanski For Metro | Winnipeg

Winnipeg's public libraries could be turning a page in how they do business - depending on the outcome of a new provincial review.

Manitoba's sport, culture and heritage minister Rochelle Squires recently announced that a review of the province's libraries is in order to re-examine policies the government says have hardly changed in 30 years.

The review will also "identify priorities and opportunities for efficiency," according to a statement from Squires.

While prodding for efficiencies might sound austere, Winnipeg's manager of library services said the city is looking forward to the review.



The Cornish library, in The Gates, is expected to begin undergoing renovations in spring 2017. JESSICA BOTELHO-URBANSKI/FOR METRO

"Anytime library services are on the radar, I think it's a good thing," Ed Cuddy said in a recent phone interview. "I assume that there will be public engagement in this and that's always great to engage the community and look for their ideas

and what their priorities might be in terms of what they want from public libraries."

Projects already on tap for Winnipeg public libraries in 2017 include an idea mill to be set up at the Millennium Library, which Cuddy explained

as "an interactive technology centre" where people can use 3D printers, sound recording equipment and a sewing studio.

Cuddy said the new Windsor Park library will be opening by late summer or early fall next year and construction on new

Transcona and St. Vital libraries will start in 2017.

The Cornish and St. John's libraries—both heritage buildings over 100 years old-are scheduled for "major accessibility renovations" expected to start in spring 2017, he said. A librarian at the Cornish Library, who asked not to be named, said the renovations have been promised for two years already and hoped they will start in 2017.

Every year, the city receives a provincial grant for its library budget, which has been hovering around the same amount for years, Cuddy said. In 2016, the provincial grant was \$2,010,100.

"More money would always be a positive thing, yes. I wouldn't say no to that," Cuddy said with a laugh when asked about the libraries' operating budget.

"Libraries' uses are changing, we know that, and changing in all sorts of interesting ways," he said. "I think it's great that the province is looking at library services and hopefully this is an opportunity to recognize the positive direction that libraries are headed."

in late fines

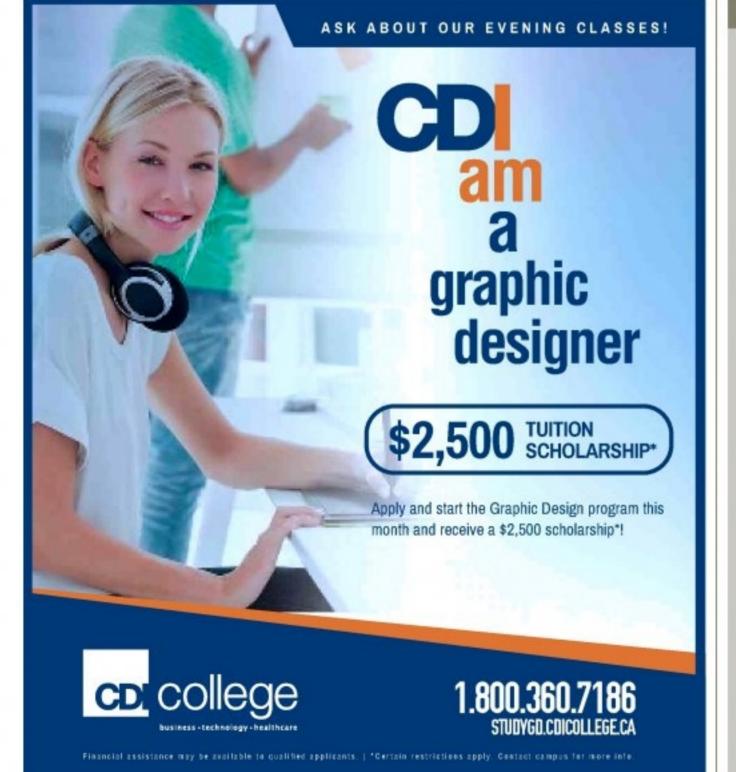
Before you blow all your cash on holiday gifts this season, consider Winnipeg public libraries have \$206,000 in outstanding late fines piled up from the past three years.

So maybe pay off your library card before hitting the

The City of Winnipeg provided Metro with some stats from the stacks. The public library system only counts late fines from the last three years. If an item isn't returned 30 days after a library card owner has hit the maximum fine (\$11), then the item is considered lost, not overdue.

- Outstanding late fines: \$206,000
- Current number of lost items: 6,476
- Current number of overdue items: 7,565

STATISTICS COURTESY OF THE CITY OF WINNIPEG, NOV. 24, 2016



Faces of Winnipeg by David Lipnowski



Lucia Martinez -Sherbrook Street & Westminister Avenue was born and lived most of her life in El Salvador where she raised a son and daughter. She doesn't speak much English, so her daughter with whom she spends most of her days in the Sherbrook area, translates Spanish to English for her mom. When Lucia was asked why she moved to Winnipeg, she responded that, "she prayed to God for life, and it brought her to Winnipeg". She came to Winnipeg 25 years ago after her son moved here for work. That

journey was the first time she had ever traveled outside of El Salvador. She worked as a seamstress making gloves and jackets. Lucia still likes to return to her home country during the Winnipeg winters to escape the cold, but she makes a point of saying that she loves Canada's four distinct seasons, and finds Canada an extremely beautiful country. She is 81 years old, and states she never drank nor smoke.

Faces of Winnipeg This is a new weekly Metro series, to appear in every Monday's edition. In 2013, local photographer David Lipnowski launched his art project, A Portrait a Day, in which he captured everyday Winnipeggers on the city's streets. You could say this series is an extension of that exhibit.

Ice cream company fights to save school

MARKDALE, ONT.

Regulations make process difficult for Chapman's

A Canadian ice cream company based in a small Ontario town is trying to keep the single school in its community open amid dozens of proposed closures provincewide — but some are cautioning against private intervention in public schools.

Schools like the Beavercrest Community elementary school in Markdale, Ont. - about 150 kilometres north of Toronto are slated for closure across Ontario as school boards grapple with declining enrolment and less funding.

"It really means a lot to our community to have an elementary school," said Chapman's Ice Cream vice-president Ashley Chapman, who attended



Aidan Shropshire, 7, sister Kendra, 2, and parents Shannon and Matt at Beavercrest school. WILLY WATERTON/THE CANADIAN PRESS

Beavercrest when he was a kid. "It's about the students in Beavercrest: all 200 of them being shuffled up and sent to the other schools in the area."

Chapman noted that about 25 per cent of students at the elementary school are his employees' children.

One of those students is Aidan Shropshire, in Grade 2, whose father works for Chap-

Shannon Shropshire said her son is loving and bright -gets straight As and Bs - and is into electronics. But he also has autism, and Shropshire said she's

worried her son may not be able to adapt to the changes that would come with a closure of Beavercrest.

"He'll have to go to a new town where nobody knows him," she said. "He's already having anxiety about the school closing. This is a child who doesn't like any kind of change."

Chapman said he wants to help children like Aidan.

Initially, he suggested his ice cream company buy the Beavercrest school and lease it back to the school board. But he later learned the process involves the board declaring the school to be surplus property, which then triggers a 180-day consultation period before private companies can bid on the building.

"Going forward, it makes it next to impossible for the ministry to justify building a new school in the area, simply because we've already told them that we don't need a school in the area," he explained.

THE CANADIAN PRESS

Higher pay attracts better babysitters

Genna Buck Metro | Toronto



At age 10, Jessica Taylor took a babysitting course and started watching neighbourhood kids for \$5 or \$6 an hour.

That was then. Now the 29-year-old University of Toronto student is helping to put herself through school by babysitting 15 hours a week at \$15 an hour.

That's about \$900 a month. Casual babysitting sessions in private homes were once

considered an odd job, like lawn mowing. Now, especially in expensive cities such as Toronto, caregivers are increasingly professional and well-paid.

Dozens of babysitters across Toronto that Metro surveyed on social media said they command anywhere from \$12 an hour up to \$20, with additional qualifications such as first-aid and CPR training or an earlychildhood education diploma (Taylor has neither).

It's hard to name another job that has seen that kind of wage growth in the past 20 years.

STANDING ROCK

Healer aims to return



Taz Bouchier was in Standing Rock earlier this month and ran healing ceremonies for protesters, both indigenous and nonindigenous, that often ended in tears.

"To be there in their time of need. I was overwhelmed initially with the amount of trauma that I was able to witness in the various people," said Bouchier, an indigenous Elder Taz elder who was Bouchier



a social worker for several years in Edmonton.

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A new day dawns in Cuba

CARIBBEAN

Death of Fidel Castro, 90, elicits grief, hope, doubts

His words and image had filled schoolbooks, airwaves and newspapers since before many of them were born. Now Cubans must face life without Fidel Castro, the leader who guided their island to both greater social equality and years of economic ruin.

Across a hushed capital, people wept in the streets on Saturday as news of the 90-yearold revolutionary's death spread. While many mourned, others privately expressed hope that Castro's passing will allow Cuba to move faster toward a more open, prosperous future under his younger brother, President Raul Castro.

In his twilight years Fidel Castro largely refrained from offering his opinions publicly on domestic issues, lending tacit backing to his brother's free-market reforms. But the

older Castro surged back onto the public stage twice this year — critiquing President Barack Obama's historic March visit to Cuba and proclaiming in April that communism was "a great step forward in the fight against colonialism and its inseparable companion, imperialism."



We're not celebrating that someone died, but that this is finished.

Erick Martinez

Ailing and without any overt political power, the 90-year-old revolutionary icon became for some a symbol of resistance to his younger sibling's diplomatic and economic openings. For many other Cubans, however, Fidel Castro was fading into history, increasingly at a remove from the passions that long cast him as either messianic saviour or maniacal strongman.

On Saturday, many Cubans on the island described Fidel Castro as a towering figure who brought

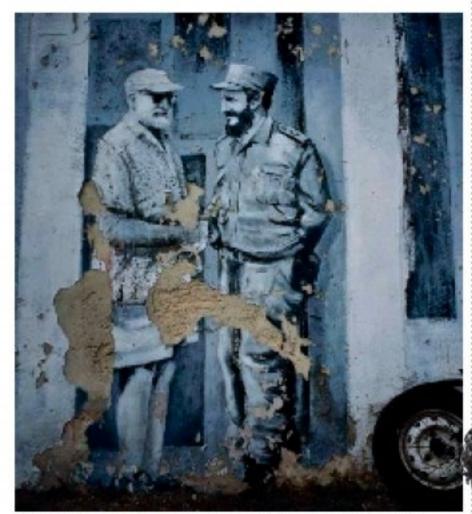
Cuba free health care, education and true independence from the United States, while saddling the country with an ossified political and economic system that has left streets and buildings crumbling and young, educated elites fleeing in search of greater prosperity abroad.

"Fidel was a father for everyone in my generation," said Jorge Luis Hernandez, a 45-year-old electrician. "I hope that we keep moving forward because we are truly a great, strong, intelligent people."

For Cubans off the island, Castro's death was cause for celebration. In Miami, the heart of the Cuban diaspora, thousands of people banged pots with spoons, waved Cuban and U.S. flags in the air and whooped in jubilation.

"We're not celebrating that someone died, but that this is finished," said 30-year-old Erick Martinez, who emigrated from Cuba four years ago.

The Cuban government declared nine days of mourning for Castro, whose ashes will be carried across the island from Havana to Santiago in a procession retracing his victorious sweep to Havana. THE ASSOCIATED PRESS



A mural featuring American author Ernest Hemingway, left, shaking hands with Fidel Castro decorates a wall in a parking lot in Havana, Cuba, on Sunday. Castro, who led a rebel army to improbable victory, embraced Soviet-style communism and defied the power of 10 U.S. presidents during his half century rule of Cuba, died at age 90. THE ASSOCIATED PRESS

REACTION

Trudeau: Castro was a dictator

Justin Trudeau has come under harsh criticism at home for a statement he issued shortly after learning that Fidel Castro had died.

The statement, made in Africa on a trip with a human rights message, praised the legacy of the former Cuban president.

"He certainly was a polarizing figure and there certainly were significant concerns around human rights," Trudeau said on Sunday. Asked directly whether he thought Castro was a dictator, Trudeau said: "Yes."

The Liberal prime minister is facing criticism at home and abroad for a statement he issued shortly

> after learning that Castro had died at the age of 90. CANADIAN PRESS





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Thousands flee ahead of assault on Aleppo

Syrian, Kurdish forces advance on divided town

Simultaneous advances by Syrian government and Kurdish-led forces into eastern Aleppo on Sunday set off a tide of displace-ment inside the divided city, with thousands of residents evacuating their premises, and threatened to cleave the opposition's enclave.

Rebel defences collapsed as government forces pushed into the city's Sakhour neighbourhood, coming within one kilometre (0.6 miles) of commanding a corridor in eastern Aleppo for the first time since rebels swept into the city in 2012, according to Syrian state media and the Syrian Observatory for Human Rights monitoring group.

Kurdish-led forces operating autonomously of the rebels and the government meanwhile seized the Bustan



Displaced families arrive at a makeshift camp in the government-held district of Jibreen in Aleppo. AFP/GETTY IMAGES

al-Basha neighbourhood, allowing thousands of civilians to flee the decimated district to the predominantly Kurdish Sheikh Maqsoud, in the city's north, according to Ahmad Hiso Araj, an official with the Syrian Democratic Forces.

The government's push.

backed by thousands of Shiite militia fighters from Lebanon, Iraq, and Iran, and under the occasional cover of the Russian air force, has laid waste to Aleppo's eastern neighbourhoods.

An estimated quarter-million people are trapped in wretched conditions in the city's rebelheld eastern districts since the government sealed its siege of the enclave in late August. Food supplies are running perilously low, the UN warned Thursday, and a relentless air assault by government forces has damaged or destroyed every hospital in the area. THE ASSOCIATED PRESS



NEW DELHI ROCKING THE RAINBOW ROAD Indian members and supporters of the lesbian, gay, bisexual, transgender (LGBT) community take part in a pride parade in New Delhi on Sunday. Hundreds of members of the LGBT community marched through the Indian capital for the ninth annual Delhi Queer Pride Parade. AFP/GETTY IMAGES

Trump blasts recount efforts

In a reprise of campaign-season rancour, Donald Trump and his lieutenants are assailing an effort now joined by Hillary Clinton to recount votes in up to three battleground states, calling the push fraudulent, the work of "crybabies" and, in the presidentelect's estimation, "sad."

Trump on Sunday tweeted part of Clinton's concession speech, when she told supporters they must accept that "Donald Trump is going to be our president," and snippets from her debate remarks, when she denounced the Republican nominee for refusing to say in advance that he would accept the Election Day verdict.

This came on top of his saying it was a "scam" that Green Party nominee [ill Stein was revisiting the vote count in Wisconsin, Michigan and Pennsylvania. Trump won Wisconsin and Pennsylvania, and as of Wednesday, held a lead of almost 11,000 votes in Michigan,.

Trump claimed in a tweet Sunday, without any evidence, that "I won the popular vote if you deduct the millions of people who voted illegally."

THE ASSOCIATED PRESS



MUCH GOOD DONE BY HOSE WHO AFFECTED ADAM SMITH

Your essential daily news

PHILOSOPHER CAT by Jason Logan

URBAN ETIQUETTE ELLEN VANSTONE



Dear Ellen,

I would like to know the best way how to ask to increase my salary and how to tell my boss that slavery is over? The guy before me was paid twice as much, did not do half the work I do, and quit in six months. I am in this job two years and my boss is pushing too much about my duties, and extra work.

Signed,

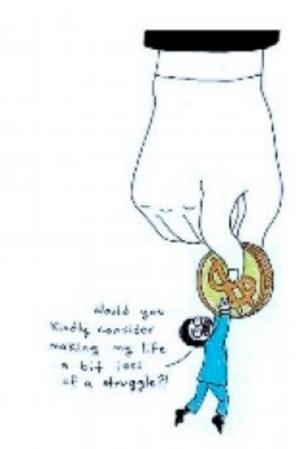
Hard-Working Guy

Dear Hard-Working guy, I can tell you with 100 per cent assurance that the "best way to ask" is politely. And I can dole out politeness advice that is easy to give and easy to follow: Do your boss the cour-

tesy of making an appointment ahead of time instead of carrying out an ambush, which I guarantee will surely backfire.

Show up on time ready to present your case -

THE QUESTION What's the best way to ask for a raise?



Slavi Cathille

and looking suitably presentable.

Come prepared: Figure out exactly what you want, and why you deserve it. Note that whining about unfairness, or what the other guy made, is not rel-

What's relevant is what you do for the company

now, and how valuable your contribution is, in vivid detail.

 Jot those details down in case you lose your nerve, or your voice, or your mind, in the meeting.

Listen politely to whatever your boss has to say to you about your request.

Regardless of whether you get the raise or not, say thank you and leave.

Now that we've covered the etiquette, let's get to your real question, which is: How do I get this cheap b- to pay me what I deserve?

Alas, I'm afraid the answer is pretty much the same. Unless you're prepared to quit, your only other choice is breaking the law: e.g. getting some dirt on the boss and resorting to blackmail; threatening physical violence; making fraudulent claims to increase your perceived worth.

I advise against any of these approaches, not only because they're terribly impolite, but because none of them will help you in the long run. If you get caught, your career and earning power will be over for good. And even if you don't get caught, all that lying and cheating will rot your soul and make you sick.

If your boss is as horrible as it sounds, I doubt you'll succeed in your request. But it's important to speak up anyway. You owe it to yourself, to your co-workers and even to your horrible boss to be open about your situation.

Every bit of truth that is uttered takes on a life of its own, and change can't happen without it.

Need advice? **Email Ellen:**

askellen@metronews.ca



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A sneaky-great football culture wins my heart



Vicky Mochama

The consensus was that Toronto is not a great home for the Grey Cup.

On a huge weekend for Canadian football fans, you would have been hard pressed to find a Torontonian who knew the Grey Cup was even happening. A friend that couldn't believe the size of the crowds in the city wondered aloud whether the Cavalcade of Lights, the city's tree-lighting event at Nathan Phillips Square, might have been the draw.

Such is the life of a football fan in Canada's biggest cities.

I went to the Grey Cup yesterday at BMO field, on Toronto's exhibition grounds, to experience life with other football fans. Normally, I'm at a local bar where half the crowd is there for the games and the other appear to be on dates. It's not an immersive experience. I hear rumours of places where football is at the centre of social life. Saskatchewan Roughriders fans, I'm told are legendary in their ardour and volume.

At BMO field, the passion and commitment of Canada's football fans was evident. The fans were prepared. Those who had experience this before knew, for instance, that layers are essential. I've never witnessed so many grown-ups wearing long johns in this city

Another phenomenon that I'd never seen in adults who are older than me was outright debauchery. Now, I've been on a wine tour in my life so I've

seen middle-aged people party hard. But until yesterday I'd never seen a fifty-plus woman drink three drinks at once.

HAVE NEVER KNOWN

TO TRADE FOR THE

Nonetheless, it's an incredibly friendly environment and it's a truly national league. (Despite that, it is not a friendly atmosphere for the prime minister, whose taped message unified much of the crowd in booing.)

I spoke to fans from every place that has a CFL team. For many, the Grey Cup is a multi-decade experience. I met a gentleman — a Stampeders fan - who had been to every single Grey Cup game since 1984. The Tiger-cats fan beside me had been to every one for a decade. The foursome of friends in front of us had been to 16 Grey Cups together.

Still, sometimes I had to wonder what the CFL is thinking with some choices. For example, why was Shemar Moore there? Do we not have our own handsome B-list celebrities? Was Hayden Christiansen not available?

CFL fandemonium was new for me, but for so many it's a legacy experience: it marks friendships, marriages, and a love affair with an underestimated sport.

I'm an NFL fan and as such am required to look down on the CFL. But it has something to it. Sure the play is slower and the rules are different, but it has over a hundred years of history and culture.

It's a tradition I was happy to join in: a friendly atmosphere of sport and camaraderie but with OneRepublic playing at half time.



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Th Annual YEAR END

So far, OVER 500 vehicles have been sold during our 9th Annual Year End Sale. in our quest to sell 1,500 vehicles, I have given our sales departments a clear and simple message: Do whatever it OVER 500 VEHICLES SOLD SO FAR! takes to earn your business! Ultimately, you



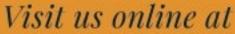








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SO FAR, OVER 500 VEHICLES HAVE BEEN SOLD IN OUR QUEST TO SELL OVER 1,500!

































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See birchwood.ca or in-store for details. While supplies last. Offers end November 30, 2016. Dealer permit #9405

The 9th Annual Year End Sale is on now at all 20 Birchwood Dealers

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Our goal this year is to sell 1,500 vehicles and we're prepared to do whatever it takes to earn your business!



2009 DODGE JOURNEY SXT 7 PASSENGER, REAR HEAT/AIR NOW: \$9,992

BIRCHWOOD.CA STOCK #FVGA



2012 FORD FOCUS SE AT AC CC CD PWLM NOW: \$9,999

BIRCHWOOD.CA



2005 HONDA ODYSSEY

EX, Power sliding doors NOW: \$10,912

BIRCHWOOD.CA



2013 FORD FOCUS SE 5DOOR, REMOTE START, PWLM

NOW: \$11,992

BIRCHWOOD.CA STOCK #F4Y7X



2013 HYUNDAI ELANTRA GL, Heated Seats, Bluetooth

NOW: \$12,498

BIRCHWOOD.CA STOCK #YU041



2013 NISSAN SENTRA SR, AUTO, ALLOYS, PWLM, CD/MP3

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2012 DODGE JOURNEY CVP

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2013 HYUNDAI ELANTRA GT

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NOW: \$13,297

BIRCHWOOD.CA



2012 HONDA CIVIC LX

Power Heated Mirrors, Bluetooth

NOW: \$13,976

BIRCHWOOD.CA



2013 HYUNDAI SONATA

GLS, Sunroof, Heated Seats

NOW: \$14.798

BIRCHWOOD.CA



2015 CHEVY CRUZE

NOW: \$14,900

BIRCHWOOD.CA STOCK #F6P5B



2013 NISSAN ALTIMA SL, CVT, AUTO, ALLOYS, PWLM

NOW: \$14,992 BIRCHWOOD.CA STOCK #F2SC7



2012 CHEVROLET EQUINOX 2LT

AWD, Bluetooth, Sunroof*

NOW: \$14,996

BIRCHWOOD.CA STOCK #F6FV5



2011 GMC ACADIA

SLE- ROOM FOR EIGHT!

NOW: \$15,492 BIRCHWOOD.CA STOCK #F4SZH



2008 CHEVROLET COLORADO LT

4x4, Crew Cab, Tonneau Cover NOW: \$15,887

BIRCHWOOD.CA

STOCK #F4MM5



2011 HONDA CR-V 4WD 5DR LX

NOW: \$15,923

BIRCHWOOD.CA STOCK #4840A



2015 KIA SOUL EX, LAST ONE!! BLUETOOTH NOW: \$15,993

BIRCHWOOD.CA STOCK #107855



2013 HONDA FIT S HATCH AT AC CC BT ALLOYS

NOW: \$15,993

BIRCHWOOD.CA STOCK #FYTK



2011 GMC TERRAIN SLE AWD, ALLOYS, PWLM, CD/MP3

NOW: \$16,993

BIRCHWOOD.CA STOCK #E17079A



2015 NISSAN ALTIMA

2.5SV - SPORTY AND SLEEK! NOW: \$17.992

BIRCHWOOD.CA

STOCK #FD89

Browse all our inventory at: birchwood.ca

All prices plus PST & GST. Vehicles available at time of printing, see birchwood.ca for current inventory and details. Dealer Permit # 9405

Your essential daily news

Aboriginal writer Melanie Florence wins TD Canadian Children's Literature Award for Missing Nimama

Isn't this better than the mall?

SHOPPING

Cyber Monday is one way to avoid shopping stress, strain

So, thought about getting yourself a drone?

A good deal on a drone? Well, then make yourself a cup of hot coffee! Don't bother getting out of bed!

Flex your fingers! And shop! Cyber Monday is here.

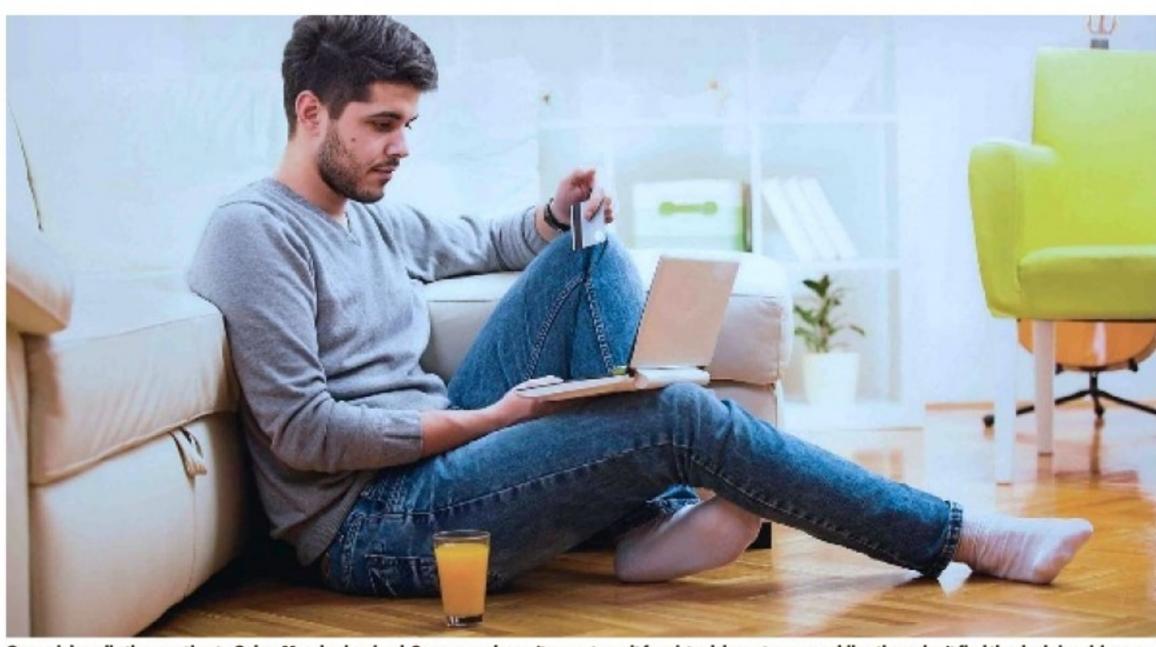
For those who are looking for good deals or who don't want to drag heavy shopping bags around, or perhaps who just don't want to go out, Cyber Monday is the kind of shopping that fits.

According to an Adobe Digital Insights estimate, Cyber Monday sales will hit \$3.36 billion.

"It's clear that consumers have become more comfortable spending money online," said Tamara Gaffney, principal analyst at ADI, in a press release. "The convenience of not having to go into stores and deal with the stress and strain that take place during the holidays looks like one of the primary drivers for online sales growth this holiday season."

Cyber Monday is no longer a shopping event where people sneak in an item or two into their virtual shopping carts in between work, according to ADI.

"Customers are becoming more comfortable with browsing from a mobile device," Gaff-



On social media the reaction to Cyber Monday is mixed. Some people can't seem to wait for virtual doors to open, while others don't find the deals inspiring, or are simply broke after Black Friday. ISTOCK

But gaps remain. Desktop conversion rates are still 2.7 times higher than mobile, according to ADI. Some 30 per cent of online shopping carts result in an order when the prospective purchaser is accessing the site on a desktop, and just 19 per cent result in an order on smartphones,

the ADI study found.

Deals can be interesting:

A Phantom 3 Advanced Drone with a built-in HD camera and 3 Axis Gimbal is \$800, with a savings of \$280 on Best Buy. Other drones on Best Buy range between \$250 to \$2,000.

From watches to telescopes

and suitcases to sofa beds, Best Buy has an array of products and prices for Cyber Monday.

Amazon Canada has some deals on drones. Prices here range from \$550 to \$1,350.

From televisions to toothbrushes, and backpacks to bathroom accessories, the online

giant has a huge offering for Cyber Monday.

It seems as if Staples Canada is not just for office supplies. It has some interesting deals on a variety of things from bathroom tissue to cookware sets, hair straighteners and Fitbits to . . . drones, of course. (They're all the rage.)

On social media, the reaction to Cyber Monday is mixed: Some people can't seem to wait until the virtual doors open; others don't find the deals very inspiring, and some bemoan that their wallets are empty after . . . Black Friday, TORSTAR NEWS SERVICE

Start a Career in Technology

Earn a Systems Technical Support Analyst diploma on campus or online through Flex-Ed in only 7.5 months!















Supplementing income with Airbnb

HOMEOWNERS

Keep in mind extra costs, insurance, tax implications

Dara Choubak and June Cormack wanted a little help with the mortgage payments on their fivebedroom home in Nelson, B.C.

But rather than take on a fulltime roommate, the couple opted to list their guest bedroom on the short-term rental site Airbnb.

"It's nice to be able to have a little bit of an extra income to help us with the mortgage, but not have to commit to having somebody in our space for a long period of time," says Cormack.

Aaron Zifkin, Airbnb's Country Manager for Canada, says the site is popular among tech-savvy millennials looking for extra cash to pay for school.

Recently, it's also seen huge growth in the 55-and-over demographic, particularly among retirees looking to supplement their fixed incomes, he adds.

"It's a great way for people to monetize their most valuable asset, which tends to be their home," Zifkin says.

Experts say there are a number of things that potential hosts should consider from a financial perspective before listing their homes on the vacation rental site.

Budget for extra costs

Be mindful of the costs associated with being a host, which can include everything from toiletries to cleaning fees to additional furniture.

When Choubak and Cormack decided to list their home, they paid a small fee to obtain a business licence from the City of Nelson.



Millennials looking for extra cash to pay for school, as well as retirees on a fixed income, look to short-term rental site Airbnb as a way to earn extra money. If tight on time, they can consider property managers that specialize in Airbnb hosting to lighten the workload associated with the venture. ISTOCK

They also had to buy two extra fire extinguishers to make sure their home was up to fire code.

Talk to your insurance company

While the vast majority of Airbnb rentals are incidentfree, there is always some risk involved when you allow strangers into your home.

One couple in Calgary learned that lesson the hard way when their house was trashed last year during what police reportedly described as a "drug-induced orgy."

Airbnb's host guarantee reimburses hosts for damages of up to \$1 million, but the company's website says the guarantee



It's a great way for people to monetize their most valuable asset, which tends to be their home.

Aaron Zifkin, Airbnb Canada

shouldn't be treated as a standin for renters or homeowners insurance.

That's because some things such as damage to common or shared areas — are not covered.

"We encourage everybody to check with their insurance providers," Zifkin says.

There may be tax implications

Any money generated through rentals must be reported as income to Canada Revenue Agency says Caroline Battista, a senior tax analyst at H&R Block.

"If you're making money through a sharing app, you pay tax on that income," she says.

"But much like other rental incomes, you do have the right to claim expenses against it. So it's really about tracking your income and tracking your expenses so that you know what to claim."

Airbnb hosts who earn over \$30,000 a year will also have to collect either HST or GST, depending on which province they live in, on the government's behalf, Battista says.

Consider automation to lighten the workload

There are a number of property management companies that can run your Airbnb listing for you if you're tight on time, says Glenn Carter, founder of Canadian sharing economy blog The Casual Capitalist.

Although these companies

will take a cut of the profits, in some cases hosts could end up earning more money overall, Carter says.

Property managers that specialize in Airbnb hosting typically use what's called dynamic pricing to ensure that your home is priced appropriately to maximize your profits, he says.

"It frees up your time to do other things, and these companies know the market really well," says Carter.

"I've heard some people say that even after the fee they pay to the property manager, that they increased their profits ... but that's on a case-by-case basis." THE CANADIAN PRESS

MONE

Keep your budget, and sanity, intact when holiday shopping

Gail Vaz-Oxlade For Metro Canada

People find it challenging to plan for the holiday season without blowing their budgets or their minds.

If you didn't create a savings plan at the beginning of the year to accumulate the money you'd need for this holiday shopping season, you may find it a test to really do the holidays justice without making a mess of your budget. Time to get creative:

Make a list and check it twice. Who doesn't need to be on there? To whom can you give a token gift to celebrate the season? How can you make your gift list fit within your budget?

Secret Santa works at work, why not also among a brood of siblings? Once you have a list, jot down your gift ideas for each person on your list.

Give of yourself. The very best gifts don't have to cost a lot. Offer your time for babysitting, cooking meals, house cleaning, massaging, sewing, knitting, transporting, or whatever else you're good at.

Clip a picture of the service you'll provide and be clear on how often, as in "I'll babysit one weekend a month from February to June." Or better yet, make your own coupon book.

3 Don't hungry-shop. If you're going to be out shopping for a while, pack a healthy snack and some water. Hunger and thirst have a way of muddling your thinking. Keep your energy up so your brain (and self control) can work properly.

Don't open up all the new store credit card accounts you're offered. It's super-tempting to get 10 per cent or 20 per cent off your purchase for the day. But think for a minute: stores must be making crap-loads of money on interest and fees to offer

you that "special deal."

If you're the sucker who ends up carrying a balance, you'll spend far more in interest than you saved on purchases. Plus, opening and closing store cards can mess with your credit score.

Don't self-gift while shopping. Don't be one of the 70 per cent of shoppers using the one-for-you-one-forme approach. Show some selfcontrol!

Gift cards are all the rage. Can't think of what to get? A gift card will do nicely. Can't be bothered with the shopping mayhem? Gift card! Forgot to pick something up for Cousin Alice? Gift . . . well, you get my drift. Did you know that tons of gift cards go unredeemed every year?

If you must buy a gift card, make sure you choose a reputable retailer, since you're translating real money into retail dollars you can only spend in one place.

Shop with cash. Psychologists (and banks) know that shopping with plastic makes you vulnerable to spending more than you planned. Put the money you plan to spend in an envelope and attach your list.

Now you've got a reliable system — since you can't spend more than you've got in your



Keep your energy up so your brain (and self control) can work properly.

envelope!

If you must use a card, note the amount you plan to spend in a notebook or on your phone. As you shop, deduct what you've spent. That'll help to keep the spending experience real.

For more money advice, visit Gail's website at gailvazoxlade.



YOU CAN DO THIS PARALEGAL

Exciting prospects in growing sector

WHY I LIKE MY JOB

Pan Dong, 31, Paralegal Candidate in Toronto, Ont.

Before moving to Canada, I was a licensed lawyer in Beijing, China. As a newcomer, I had to go through Ontario's education system to work in the legal sector. I applied to Humber College's paralegal education program (which also involved an English-language assessment) and two years later I successfully graduated. The program offered valuable courses in legal writing, research and business law.

Additionally, I participated in a four-week internship, which allowed me to build a strong network of referrals that helped lead me to a full-time job with a tribunal in Toronto. Tribunals are basically government agencies that handle small claims in specialized areas, such as workplace injuries or landlord and tenant disputes. However, I can't work as a licensed paralegal until I write (and pass) the national exam administered by the Law Society of Upper Canada. My goal is to write the exam in February 2017.

I'm currently responsible for a lot of administrative work, but I'm excited about the prospect of progressing with a large government entity. I enjoy working with a diverse range of people, and I'm looking forward to having the opportunity to handle a case or represent a client in court.

HOW TO START

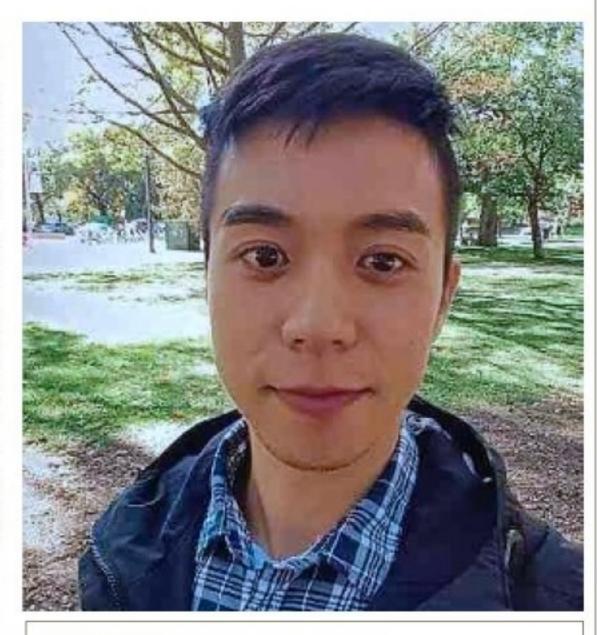
In Ontario, paralegals must be licensed by the Law Society of Upper Canada to legally serve as officers of the court. Ontarians have the benefit of representing clients in matters related to immigration, labour law, small claims and some instances of crime. Paralegals aren't regulated in other provinces, but are less independent as they typically work under the supervision of Barrister Solicitors. Many colleges offer reputable paralegal programs, where students will gain a strong understanding of court and tribunal procedures.

WHERE YOU CAN GO

Canada's legislation is constantly evolving, placing a larger burden on legal professionals. As the demand for legal advisement rises, more lawyers are relying on paralegals and legal assistants to take on additional responsibilities in law firms, administrative tribunals (such as the Workplace Safety and Insurance Appeals Tribunal) and various government offices. New graduates can expect to draft legal documents, conduct legal research and communicate directly with clients when needed.

NEXT CAREER STEP

As a paralegal becomes more established and develops a promising client base, he or she may opt to launch an independent practice. Others may decide to explore non-traditional markets, including marketing agencies, financial institutions and legal aid clinics. Teaching law in a post-secondary environment is also a viable career option. And of course, the ultimate goal for some is to become a licensed lawyer.



THE BASICS: Paralegal

\$33,000

Median starting salary for an entry-level paralegal. Depending on level of experience and location of work, advanced paralegals earn anywhere from \$50,000 to \$70,000 annually.

Projected rate of job growth over the next eight years.

Data for this feature was provided by payscale.com, servicecanada.gc.ca, paralegaledu.org and onetonline.org.



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Entertainment | metr@LIFE **16** Monday, November 28, 2016

THINGS WE LEARNED FROM THE WEEKND'S STARBOY

Canadian R&B mysterioso The Weeknd, born Abel Tesfaye, has been teasing listeners for months with two music videos, a short film called Mania and a trickle of songs to whet fans' appetites. The 18-track release comes amid the sort of hype reserved for only the biggest international stars. Here are a five things to know about his Starboy project, released on Friday. THE CANADIAN PRESS



Hemay beshading Drake:

Rumours of a rift between The Weeknd and old friend Drake have circulated for years without much evidence. The two knew each other when Tesfaye was getting his career off the ground, but after numerous collaborations on Drake's albums the two appeared to go their separate ways. That's left fans wondering if a line in Sidewalks is a direct shot at the Hotline Bling performer: "Too many people think they made me. Well if they really made me then replace me." Then again, that could also describe a lot of record executives.



He'sstill sombre:

Yes, several tracks are certain to ignite dance floors, but Tesfaye hasn't lost his touch for the debauchery and depressing lyrics that shaped his early career. One of his darkest songs yet, Ordinary Life, has the singer (or the Starboy character?) coming to terms with fortune and fame - and how the lifestyle might destroy him. Telling the story of a suicidal sexual encounter behind the wheel of his car, he references the death of David Carradine before reaching even further back. He sings: "Like I'm James Dean, I'mma die when I'm young."



This isn't the end:

Beyond a global tour set to kick off in the new year, the Weeknd promises more from his Starboy alter-ego. In the interview with Apple Music DJ Zane Lowe, which aired Thursday night, he said a Starboy comic book is in the works and he'd like to pitch it to Marvel or DC Comics.



It's star-powered:

Not like The Weeknd needed marquee performers to give his latest album traction, but there's plenty of them here anyway. Robotic duo Daft Punk lend their hands to the opening and closing tracks (lead single Starboy and the funky I Feel It Coming), while Lana Del Ray drifts through the fleeting Stargirl Interlude. Others making appearances include rapper Future (All I Know) and Kendrick Lamar (Sidewalks).

Retro sounds are in:

While he doesn't pick a particular decade, a couple songs are fused with the spirit of Throwback Thursday. The funky Secrets borrows from the chorus of the Romantics' 1984 rock hit Talking in Your Sleep and fuses it with a sample of Pale Shelter, a 1982 track from Tears for Fears (pictured). The bootyshaker Rockin' carries a bouncy beat that would fit perfectly in an early 1990s house mix.



JOHANNA SCHNELLER WHAT I'M WATCHING

Dream of being the boss leads to waiving of rights

THE SHOW: Pencils Down! (iTunes, VOD) THE MOMENT: The presentday echo

Screenwriters and other members of the Hollywood community address the camera in this doc about the 2007 writers' strike.

In a show of solidarity, members of the Writers Guild of America - the screenwriters' union — and the people who supported them walked picket lines for 100 days, fighting for residuals for work that ran online (streaming was then brand

It wasn't exactly a triumph, but it was a triumph for unionism. This doc contends that the idea of unions has been tarnished, and that's a shame.

"The larger problem is a loss of community in the U.S.," says writer John Bowman. "The libertarian philosophy - every man for himself - has grabbed hold. We all admire a successful CEO. That's a great dream.

But the practical reality is, there's only one of them, and there are 200,000 people working for him, who are most likely going to stay one of 200,000."

"If you are not taking care of the average worker, you ment," agrees writer Peter Hankoff.

Every historical film, fiction or non, has to have relevance in the time it's released. This one's relevance to the just-concluded U.S. election could not be clearer if the doc makers had scripted it.

Though it may be difficult to think of screenwriting as hard labour, the liberal media

create an unstable environ- here points out a perplexing truth: People's dreams of being the boss lead them to forego their rights as workers. Call it ignorance or naïve hope, but as Trump's 60 million supporters so soundly demonstrated, it's powerful.

> Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Writer, comedian and actress Tina Fey on Writers Guild of America picket line. AP FILE PHOTO/KATHY WILLENS

Mega Cyber deals

Stay home and get more bang for your buck

Jaclyn Tersigni

If parking lot traffic jams and hour-long checkout queues aren't your thing, don't fret: there's a shopping occasion for you, too. Cyber Monday is the online-only discount extravaganza, where you can reap mega-discounted goods from the comfort of your bed, if you so choose. The deals are just as good as those offered on Black Friday, so you can happily wait until Monday morning. Here's a handful of bargains you'll be able to find.



Big discounts on Apple products are often hard to come by, making this 33 per cent off deal on an Apple Watch extra tempting. Receive and respond to messages, make payments, control your music, and more, all from your wrist. It is Wi-Fi- and Bluetoothequipped, and its battery lasts for up to 18 hours on a single charge.

Apple Watch 42MM Stainless Steel, On sale for \$369.99 at eBay, ebay.ca.



Canadian aromatherapy retailer Saje Natural Wellness is offering 20 per cent off its online store - including this multifaceted ultrasonic diffuser, and collection of essential oil blends. Aromagem 2.0 Ultrasonic Diffuser. \$74.95 (plus 20 per cent off); Deluxe diffuser blend kit. \$84.95 (plus 20 per cent off) at Saje Natural





British jewellery brand Links of London is taking 20 per cent off its wares online including this 18-karat-gold cuff. Bonus: if you spend \$595 or more online, you'll receive a complementary, limited edition Timeless Diamond Bracelet (valued at \$245). 18K Yellow Gold Vermeil Woven Cuff. \$875 (plus 20 per cent off) at Links of London, linksoflondon.com.



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Tessa Virtue and Scott Moir set a record score of 195.84 to win the ice dance event at the NHK Trophy in Japan and qualify for the Grand Prix Final

Hellebuyck on the money in shutout of Predators

42 saves from goaltender helps Jets end losing streak

It was the kind of rebound game Connor Hellebuyck and his teammates needed.

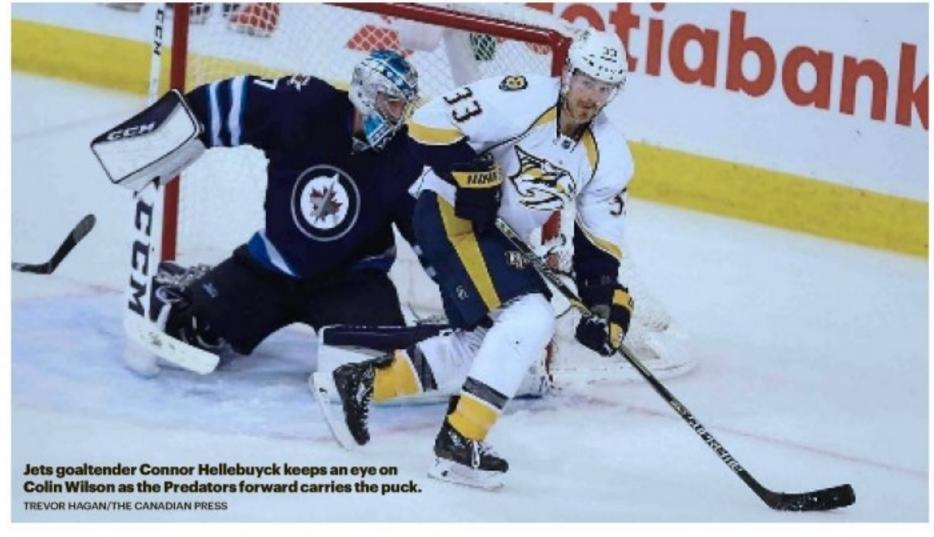
The Jets goaltender made a season-high 42 saves Sunday afternoon as Winnipeg ended a five-game losing skid with a 3-0 victory over the Nashville Predators.

Hellebuyck's second shutout of the season, and fourth of his career, came after he was in net Friday for Winnipeg's 5-1 loss to the Predators in Nashville.

"I think it's extremely important," Hellebuyck said of having a big game. "It gets the morale and character back in the room and we can start building some confidence now. I don't think anybody is hitting the panic button. We just needed to get back to our game and that's what we did tonight."

Drew Stafford scored his first goal of the season and Mark Scheifele and Adam Lowry added empty-net goals for the Jets (10-12-2). Defenceman Jacob Trouba had two assists.

"Sometimes to break out of the slump, you know you just kind of need to have your goalie make 40 saves and then gut it out," Jets captain Blake



Wheeler said.

Rookie goaltender Juuse Saros stopped 21 of 22 shots for the Predators (10-8-3).

The loss halted Nashville's win streak at three games and also bumped its poor road record to 2-7-2.

Saros, a 21-year-old from Finland, was called up from Milwaukee of the American Hockey League to relieve veteran Pekka Rinne. He played his second

SUNDAY At MTS Centre



game this season and third of

"He was great," Predators centre Ryan Johansen said of Saros, "The only goal they had

was they skated behind our net, bounced it off his back and (the puck) barely crossed the goal-line."

He also praised Hellebuyck.

"I thought he was fantastic," Johansen said. "The way their team has been playing, at home with a lot of pressure on, especially us beating them in Nashville with five goals, he deserves a lot of credit tonight. He played a great game."

The victory extended Winnipeg's home victories to four straight (7-4-0).

Jets coach Paul Maurice said everyone contributed and Hellebuyck stood out.

"I don't think things were smooth or easy at times with the puck, but usually a real hard effort and really good goaltending, you're going to give yourself a chance," Maurice said.

THE CANADIAN PRESS

IN BRIEF

Argentina wins Davis Cup Argentina won its first Davis Cup title on Sunday when Federico Delbonis

swept past Ivo Karlovic in straight sets to complete a stunning 3-2 comeback win over Croatia.

Delbonis dropped to the ground after his 6-3, 6-4, 6-2 victory. His teammates fell into each other's arms and celebrated in front of thousands of Argentine fans in the packed Arena Zagreb. THE ASSOCIATED PRESS

Rosberg ascends to Formula One throne

German driver Nico Rosberg held his nerve to win the Formula One championship for the first time after finishing second at the season-ending Abu Dhabi Grand Prix on Sunday.

Defending champion Lewis Hamilton won the race from pole position for his 53rd GP win.

Rosberg was 12 points ahead of his teammate coming into the title showdown and only needed to finish third.

THE ASSOCIATED PRESS

Suh-weet tackle secures Dolphins a win over 49ers

Ndamukong Suh tackled Colin Kaepernick two yards short of the goal line as time ran out, and the Miami Dolphins handed the San Francisco 49ers a franchise-record 10th consecutive loss with a 31-24 victory on Sunday.

The Dolphins (7-4) extended their winning streak to six games, their longest since 2005. Kaepernick passed for three TDs, but the 49ers (1-10) still haven't won since the season opener.

THE ASSOCIATED PRESS

Denmark hangs on for victory at golf's World Cup

Denmark fought off a three-pronged attack by China, France and Sweden to win golf's World Cup in Melbourne, Australia, on Sunday.

Soren Kjeldsen and Thorbjorn Olesen combined superbly in the best-ball format for a closing 6-under 66 to finish on 20-under 268 and a four-shot victory. THE ASSOCIATED PRESS

The Redblacks' Ernest Jackson enters the end zone for the winning touchdown in overtime Sunday night.

NATHAN DENETTE/THE CANADIAN PRESS

Redblacks win OT thriller



Henry Burris threw his third touchdown of the game in overtime as Ottawa shocked the Calgary Stampeders 39-33 to win the 104th Grey Cup.

Ernest Jackson bobbled the pass over the goal line before gaining control as Ottawa won its first Grey Cup title in franchise history.

Calgary was favoured by double digits heading into the game after finishing with a 15-2-1 regular-season record, while the Redblacks at 8-9-1

SUNDAY In Toronto



were the first team to finish first in a division with a losing record.

But Burris scored on a one-

opening drive despite having his left knee lock up during the Redblacks' pre-game warmup, and Ottawa controlled most of the entire game.

yard plunge on the game's

The Stampeders turned the game into a thriller, however, charging back from 20 points down and forcing overtime on a Rene Paredes field goal with time expiring in regulation.

Calgary quarterback Bo Levi Mitchell, the recently named season's most outstanding player, threw three interceptions. THE CANADIAN PRESS

35

55

16

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88

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63

RECIPE Spaghetti and Meatballs





You'll love this spin on a classic.

Ready in 70 minutes

Prep time: 30 minutes Cook time: 40 minutes Serves 4

Ingredients

- · 1 onion, chopped fine
- olive oil
- · 2 or 3 cloves of garlic, minced
- 1/4 tsp nutmeg
- · pinch of cinnamon
- · pinch of chili flakes
- · 1 tsp salt
- 1x28 oz. cans of plum tomatoes
- good splash of red wine vinegar 1/2 tsp pepper
- 1/2 cup panko or bread crumbs 1/2 cup grated Parmesan
- 1/2 lemon's worth of zest
- 1 lb. ground beef

Directions

Saute onion in a glug of olive oil

for 4 minutes. Add garlic, nutmeg, cinnamon, chili, salt and pepper. Cook for a couple more minutes.

- 2. Take half the onion and garlic mixture and put it in a large bowl. Add tomatoes and red wine vinegar to remaining onions in pan and simmer.
- To onion mixture in bowl, add panko, grated Parmesan, egg, lemon zest, and meat. Combine and form into 1-inch balls.
- 4. Put pot of water on to boil for your pasta.
- 5. In a separate pan, cook meatballs over a medium heat until browned and cooked through. You'll probably have to do it in two batches. Add them to the sauce and continue to let simmer
- 6. Cook your pasta to al dente and serve.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

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ACROSS

1. Eugene O'Neill play, _ Christie 5. Kitchen amt. 9. "Beau_" (1939) 14. 1970s fad, rings 15. Harp, in Italy 16. Like bits of porridge 17. Energy company headquartered in Saint John, New Brunswick: 2 wds. 19. Pedestal 20. Express 21. Alias acronym 22. Gumption 23. "Hush." 24. Accountant's review 26. Vexed 27. Pull in pay 29. Brisk as a late Fall day 31. Comic actor David, and surnamesakes 33. Long-snouted fish 34. Tavern 37. 'Musical' membrane? 39. Salad staple 42. AC/DC song 43. Sales pro 45. The space under a leafy tree on a

sunny day

Puffs

ada, e.g.

48. Trudged

54. "Uh-huh!"

46. Bleak, in poetry

49. The _ Stooges

57. Carriers of blood

58. Friend of Can-

59. Sugar: French

61. Beatles: "Sexy _

62. Northeastern On-

52. Cereal brand,

tario town, home of the Ontario Loggers Hall of Fame 64. Women's tennis great Chris 65. Type size 66. Mr. Cassini (First Lady Jacqueline Kennedy's designer) 67. Newbies

68. Billy Ray Cyrus' "_ Breaky Heart* 69. Seven, in Portugal

DOWN

1. Haywire 2. "_ Country" (2005) starring Charlize Theron

3. Song by Canadian band Spoons that starts "Architects of the world / I walk your streets and live in your towns...": 2 wds. 4. Prospector's passage 5. Product's priceputting place

Wide ranging 7. Touchdown getter's celebratory move in the end zone with the football 8. Grand, like Versailles 9. "_ Girl" (Blake Lively show)

lishment 11. Filled the air like sardines 12. Uptight 13. Wrapped up 18. More within reach 25. Not certain 28. Contribute 30. "There you have it!" 31. Established 32. Pot's kitchen pal 34. Martini-glass-holding character for Scott Thompson on "The Kids in the Hall": 2 wds. 35. Genius 36. Corrector's pen choice 38. "I'm sorry.": 2 wds. 40. Be a caught shark, do this 41. Spiritual 'way' 44. Commonplace 46. Movie great Robert: 2 wds. 47. Puts back to zero 49. RCA product: 2 wds. 50. Bad guy, in a movie 51. "Easy_" (1969) 53. Fisherman's count 55. Word on a Quebec stop sign 56. Pruned property partition 60. Li'l Martian crafts

63. Coral reef

*** IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

Aries March 21 - April 20 It's important to grab every opportunity to expand your horizons. Travel or learn new things, because this is what will please you the most right now.

Taurus April 21 - May 21 Take care of loose details related to red-tape matters like insurance issues, inheritances, taxes, debt and shared property. Don't let these loose ends nag you.

Gemini May 22 - June 21 Remember to get more sleep, because the Sun is opposite your sign at this time of year. You definitely need more rest. That's the way it works.

Cancer June 22 - July 23 Do whatever you can to feel better organized. Tidy up loose ends both at home and work, because this will make you feel mentally and emotionally stronger.

Leo July 24 - Aug. 23 This is a playful time of year for you. Enjoy fun activities with children, the arts, social outings, sports events and any chance to express your own creative talents.

Virgo Aug. 24 - Sept. 23 It's most appropriate that you focus on home, family and your private life at this time. Home repairs plus interactions with relatives, especially parents, are important.

Libra Sept. 24 - Oct. 23 You have a strong desire to enlighten others about something. You want to write, talk and express your ideas in any way that you can. Fortunately, others will listen.

Scorpio Oct. 24 - Nov. 22 As you think about money, cash flow and earnings at this time, basically, you are dealing with your values. It's important to know what really matters in life.

Sagittarius Nov. 23 - Dec. 21 This is your chance to replenish yourself for the rest of the year. Talk to others and ask for what you want and what you need. Resources will come to you now.

Capricorn Dec. 22 - Jan. 20 Use this time to plan ahead for your new year (birthday to birthday). If you set goals, especially with deadlines, you are more likely to achieve what you want.

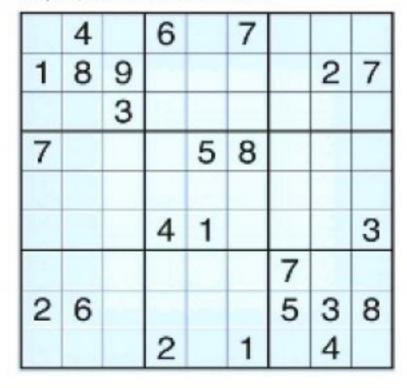
Aquarius Jan. 21 - Feb. 19 Share your hopes and dreams for the future with someone today, because his or her feedback will help you. Someone younger might have ideas that you admire.

H Pisces Feb. 20 - March 20 Because you look favourable in the eyes of bosses, parents, teachers and VIPs at this time, make your move! Push your own agenda forward, because you will get what you want.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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FRIDAY'S **ANSWERS**

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

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